



Care Questionnaire

The My LTC 123 Care Questionnaire is an exercise designed to help organize your long-term care (LTC) wishes - both medical and financial - and articulate them with your own voice. By clearly outlining these wishes in advance, you can help avoid misunderstandings or second-guesses when the time comes for your loved ones to begin acting on them.

This questionnaire is not intended to replace your formal LTC plan. It is to be used as a tool to aid in the discussion and development of your LTC plan - you can think of it like a compass for your personal life journey. We encourage you to share your completed questionnaire with the My LTC 123 team. Any personal information shared will be secured and remain confidential.

Name

Today's Date

Care Decisions	My Wishes
Who will be designated to oversee your financial decisions (including monitoring, auditing and paying bills?)	
Who has power of attorney? Who would you choose as a successor if your first choice is unavailable?	
What financial decisions need to be made to pay for care when the time comes?	
What assets do you want used first to pay for your care?	
What medications do you currently take and what is the monthly out-of-pocket cost?	

Care Decisions	My Wishes
<p>What current and future health concerns are you most worried about (existing conditions, depression, dementia, etc.)?</p>	
<p>What long-term care benefits are in place?</p>	
<p>Who will be designated to oversee your care?</p>	
<p>Who can provide support and what support should they provide (meals, shopping, doctor's appointments, etc.)?</p>	
<p>At what point would you consider allowing others to begin caring for you? How should those decisions be made?</p>	
<p>What would have to happen for a geriatric care specialist to be brought in to evaluate your living situation?</p>	
<p>At what point would you consider living with someone else?</p>	
<p>Who will you live with if necessary?</p>	
<p>What trigger would necessitate your moving to assisted living?</p>	
<p>Who should research available options for assisted living?</p>	
<p>What would be the financial consequences of moving to assisted living?</p>	

Care Decisions	My Wishes
Do you plan to donate any organs?	
What are your funeral arrangement desires (burial, cremation, etc.)?	
Which funeral home do you prefer? Have you set up the proper arrangements?	
Do you have a desired cemetery location?	
Where would you prefer your memorial to be held? Do you have an officiating preference?	
What other memorial arrangements would you prefer (passages to be read, readers, pallbearers, etc.)?	
How would you like to be remembered?	

[Click Here to Share Your Care Questionnaire with My LTC 123](#)

